







From left: James M. Johnston, R. Stephen Folsom, and James C. Scoggin Jr.

Dear friends,

Despite the ongoing challenges of navigating a pandemic, Methodist Health System has remained dedicated to the commitments it made 94 years ago. Today, these commitments are vast and varied, but each is in service to our mission to improve and save lives through compassionate, quality healthcare.

Remaining true to our core values has been the compass to the expansion of the health system as a trusted care provider. As a result, it has grown mightily from its beginnings in southern Dallas, a place where Methodist holds deep roots, to become a revered health system with a broad reach across North Texas and beyond. Methodist Health System Foundation has followed those branches and widened its scope and fundraising across communities.

This past year, Methodist took its Care Commitments, which showcase the meaning behind its mission and values, to a new level. **Take Care of Patients** highlights how we treat patients and families as partners; **Take Care of Each Other** means Methodist cultivates a culture of inclusion, diversity, and collaboration through respect; **Take Care of Ourselves** encourages self-care and intentional professional development; and **Take Care of Methodist** speaks to employees continually contributing in a variety of ways to the improvement of the organization.

As we reflect on the last year, it is clear that our commitment to the communities we serve is as strong as ever. It was a privilege for Methodist to be the first health system in North Texas to receive the COVID-19 vaccine to provide its staff, and then initiate one of the first vaccine clinics. This, along with hosting many pop-up clinics, was one of the most challenging and rewarding undertakings as a health system. The collaboration with Texas Tech University Health Sciences Center School of Nursing and the City of Mansfield to create a Bachelor of Science in Nursing Program at Methodist Mansfield Medical Center will help tackle the nationwide nursing shortage. Thanks to a \$4 million anonymous gift to renovate the cardiology floor at Methodist Dallas Medical Center, there will be more opportunities to help combat heart disease for the many high-risk, underserved patients who live nearby.

Methodist will continue its steadfast resolve to invest in the many communities it serves so as to remain ready and able to meet needs as they arise. Methodist Health System Foundation is grateful to take on this mission through the support of our employees, our leadership, our board members, our donors, and our community partners.

With kind regards,

**JAMES C. SCOGGIN JR.**  
Chief Executive Officer,  
Methodist Health System

**R. STEPHEN FOLSOM**  
Chair, Methodist Health  
System Foundation  
Board of Trustees

**JAMES M. JOHNSTON**  
President, Methodist  
Health System Foundation

# METHODIST HEALTH SYSTEM THEN AND NOW ▶



The Rev. Charles Selecman's Sunday school class at First United Methodist Church in Dallas establishes the Golden Cross Ministry, and the dream of a hospital in southern Dallas County is born.

Local ministers of the United Methodist Church and civic leaders break ground for the hospital. Among the many donors are the physicians on the original house medical staff, donating \$100,000 toward the \$552,267 endeavor.



A Diploma School of Nursing is established, beginning a legacy for medical education. Today, the health system boasts four residency and five fellowship programs through its Graduate Medical Education program. In 2005, the health system partners with the El Centro College Associate Degree Nursing Program to grow our own nurses from the community to address a nursing shortage.

Methodist Health System Foundation is created to generate support for Methodist Health System.



Margaret Jonsson Charlton Methodist Hospital (today Methodist Charlton Medical Center) opens at 3500 W. Wheatland Road in Dallas. Among several expansions over the years is a 212-bed tower completed in 2009. Methodist is the first health system in Dallas to build a satellite campus.

The transplant program begins at Methodist Dallas with its first kidney transplant. Its first heart transplant follows in 1986; in 2003, the hospital adds a liver transplant program.



A professional association of physicians from Methodist forms. This group is the predecessor of MedHealth (known today as Methodist Medical Group). It allows Methodist to establish its first Methodist Family Health Center in Grand Prairie.



Methodist Hospitals of Dallas begins operating under the name Methodist Health System.

## 1921 1922 1924 1927 1930 1933 1956 ▶ 1975 1979 1980 1992 1995 1996 2003 ▶



To support the work of the Men's Executive Committee in fundraising for the new hospital, the Women's Executive Committee holds its first meeting on March 10. Its efforts include making all of the hospital's bed sheets and acquiring the flatware for meal services. Today, the Women's Executive Committee lives on as the Methodist Dallas Medical Center Auxiliary.



Dallas Methodist Hospital opens on Christmas Eve at the corner of Beckley Avenue and Colorado Boulevard with 100 beds. Over the decades, the hospital will have several names: Methodist Hospital of Dallas, Methodist Central Hospital, Methodist Medical Center, and, as it's known today, Methodist Dallas Medical Center. In that time, the hospital will be rebuilt twice and have patient care towers added in 1991 and 2014.



The Methodist Hospitals of Dallas Guild forms as a service organization for women.



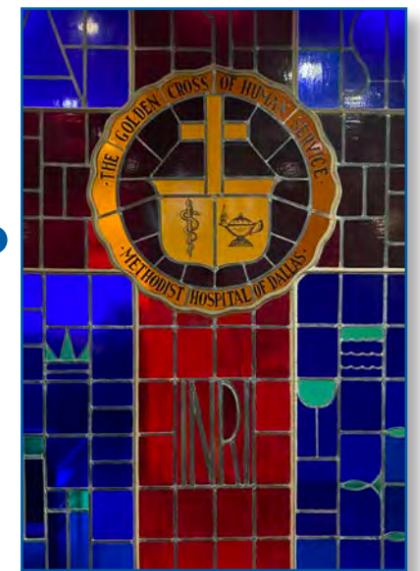
Methodist starts its trauma program and teams up with Harris Methodist Fort Worth Hospital to form CareFlite, the eighth-oldest medical air transportation service in the nation.



Methodist's first neonatal intensive care unit (NICU) is established in what is today Methodist Dallas Medical Center. Now, Methodist Mansfield and Methodist Richardson Medical Centers are also home to Level III NICUs.

The world's first heart-kidney-pancreas transplant is performed at Methodist Dallas.

The Golden Cross Congregational Health Ministry is established. Known today as Faith Community Nursing, the program helps local churches develop healthcare ministries relevant to their congregations.





The Teaching Clinic at Methodist Dallas is relocated to 122 W. Colorado Blvd. and renamed the Methodist Dallas Medical Center Golden Cross Academic Clinic in honor of its role in living out the Golden Cross Ministry's mission. Internal medicine, OB-GYN, and general surgery residents, plus gastrointestinal and nephrology fellows, care for patients, including those who are uninsured or underinsured.



In December 2006, Methodist Mansfield Medical Center opens at 2700 E. Broad St. in Mansfield. This is Methodist's first hospital outside Dallas County. It is dedicated to serving the growing Mansfield community and nearby Arlington and Grand Prairie.

Richardson Regional Medical Center joins the Methodist Health System family as Methodist Richardson Medical Center.

Methodist Health System celebrates its first robot-assisted procedure with the da Vinci® Surgical System — a prostatectomy performed at Methodist Dallas.



A new Methodist Richardson Medical Center opens at the corner of President George Bush Highway and Renner Road in Richardson.

Methodist becomes the first Texas member of the Mayo Clinic Care Network.

The Charles A. Sammons Tower opens at Methodist Dallas, dedicated to trauma, emergency, neurosciences, and critical care services. The facility is equipped to achieve status as a Level I Trauma Center, one of only three in Dallas County.

Through a joint venture, Methodist acquires Forest Park Medical Center in Southlake and renames it Methodist Southlake Hospital.



Methodist Midlothian Medical Center opened in November, making it the first hospital in Midlothian.

Methodist Charlton Medical Center opens a 100-bed joint venture skilled nursing facility in DeSoto.



## 2004 2005 2006 2008 2009 2010

The Methodist Mansfield Medical Center Auxiliary is established to support the new hospital in Tarrant County.

Methodist Rehabilitation Hospital opens near Methodist Charlton, part of an affiliation between Methodist and Centerre Healthcare.

Methodist McKinney Hospital and Methodist Hospital for Surgery in Addison, open. These facilities are a collaboration among area physicians and Methodist.

Also, the Methodist Charlton Medical Center Auxiliary is formed.

In 2005, Methodist Health System Foundation establishes the Robert S. Folsom Leadership Award in honor of the former Dallas mayor who embodied servant leadership and community service. To the left, Robert S. Folsom and his wife, Margaret.



## 2014 2015 2016 2017 2020 2021

Methodist earns the Texas Award for Performance Excellence from the Quality Texas Foundation. This award establishes Methodist as a state role model for achieving sustained performance excellence and marks the beginning of our journey to achieve the Malcolm Baldrige National Quality Award.

Continuing the reach of its rehabilitation services, Methodist opens the Texas Rehabilitation Hospital of Arlington in June. The hospital is a collaboration among Methodist, Texas Health Resources, and Kindred.

Also in June 2015, Methodist establishes its first Methodist Urgent Care clinics. Current facilities are located in Dallas and Mansfield.

The following month, Methodist acquires several diagnostic imaging centers throughout North Texas and renames them Methodist Centers for Diagnostic Imaging.

Methodist is named among the Dallas Business Journal's Best Places to Work for the 14th consecutive year.

Methodist Mansfield and Methodist Richardson achieve Magnet® designation from the American Nurses Credentialing Center.



Methodist Southlake Medical Center becomes wholly owned and the 12th hospital owned by or affiliated with Methodist Health System.







Representatives of the Breast Health Outreach Program's mobile mammography unit

## 30 years of service for the Breast Outreach Program's mobile mammography unit

It may be a "tight squeeze," but it could save your life. For decades, screening mammograms have been the best test for detecting breast cancer; however, even as awareness grew, access was still not available in parts of the region.

Methodist Health System's Breast Outreach Program sought to bridge this gap when it started the mobile mammography unit in 1991. By taking breast cancer detection services and trained medical professionals out into communities where the need is the highest, Methodist has been able to provide thousands of uninsured and underinsured women with access to screening each year.



In 2021, through the generosity of partners and community supporters, Methodist Health System Foundation directed more than \$47,500 to the mobile mammography unit, which provided nearly 250 women with no-cost breast screenings.



**Mammogram Poster Girls (MPG) Inc.** is on a mission to provide mammograms

for those unable to afford them — with a focus on women who live in southern Dallas, where the need is great. **"We believe where you live should not determine if you live,"** says Sheri Mathis, founder of Mammogram Poster Girls. "Collaborating closely with Methodist Dallas Medical Center since 2018 has allowed us to donate nearly **\$100,000**, equating to more than **800** mammograms and furthering our goal to raise awareness and funds for the early detection of breast cancer."



Photo Credit to Christina Childress Photography

### Mammogram Poster Girls, Inc. has:

- Directed **\$47,000** to Methodist Dallas for the mobile mammography unit
- Created two breast cancer early detection programs at Methodist — **"Two-fer" Tuesday** and **Mammogram Poster Girls Mondays at Methodist**



**"The Methodist Dallas Auxiliary is a proud, longtime financial supporter of the mobile mammography unit. Raising funds to help reach the underserved women in our communities and provide a high standard of care at no cost is an honor we gladly champion each year."**

— **Trining Yadav**, co-president of the Methodist Dallas Auxiliary

Methodist Foundation distributed

**\$137,078**

for breast health screenings at Methodist Dallas

**\$114,376**

for breast health screenings at Methodist Charlton

Methodist Southlake Medical Center



## Investing in new communities to become the trusted choice for health and wellness

**M**ethodist Health System continually looks for opportunities to broaden its reach in North Texas. In the past year, that meant expanding services and adding two new hospitals, Methodist Southlake Medical Center and Methodist Midlothian Medical Center.

In June, **Methodist Southlake**, Methodist’s first campus in north Tarrant County, expanded its emergency department by 4,000 square feet and added a cardiac catheterization lab where physicians perform minimally invasive tests and advanced cardiac procedures. These are just a couple of the many steps that Methodist is taking to create a full-service, acute care hospital for the Southlake community. Other enhancements include:

- Private inpatient rooms, family suites, and intensive care rooms
- Fully integrated operating suites
- Broadened range of on-site medical services

**Methodist Midlothian** opened its doors on Nov. 9, 2020, marking it as the 11th hospital in the system but the first community hospital in Midlothian. Now, advanced, quality healthcare is close to home for residents of north Ellis County and beyond. In addition, Methodist Midlothian’s 67-acre campus includes a medical office building for outpatient care, which brings together a range of services in a single location. This sizeable annex offers ample room to expand as the area continues to grow. Notable achievements in 2021 include:

- Over 100 babies delivered
- The da Vinci® Surgical System acquisition, which allows surgeons to perform minimally invasive robotic-assisted surgeries



“Methodist is thrilled to be a part of the Southlake and Midlothian communities and has big plans for both hospitals.”

— Jim Scoggin,  
CEO, Methodist Health Systems



Methodist Midlothian Medical Center

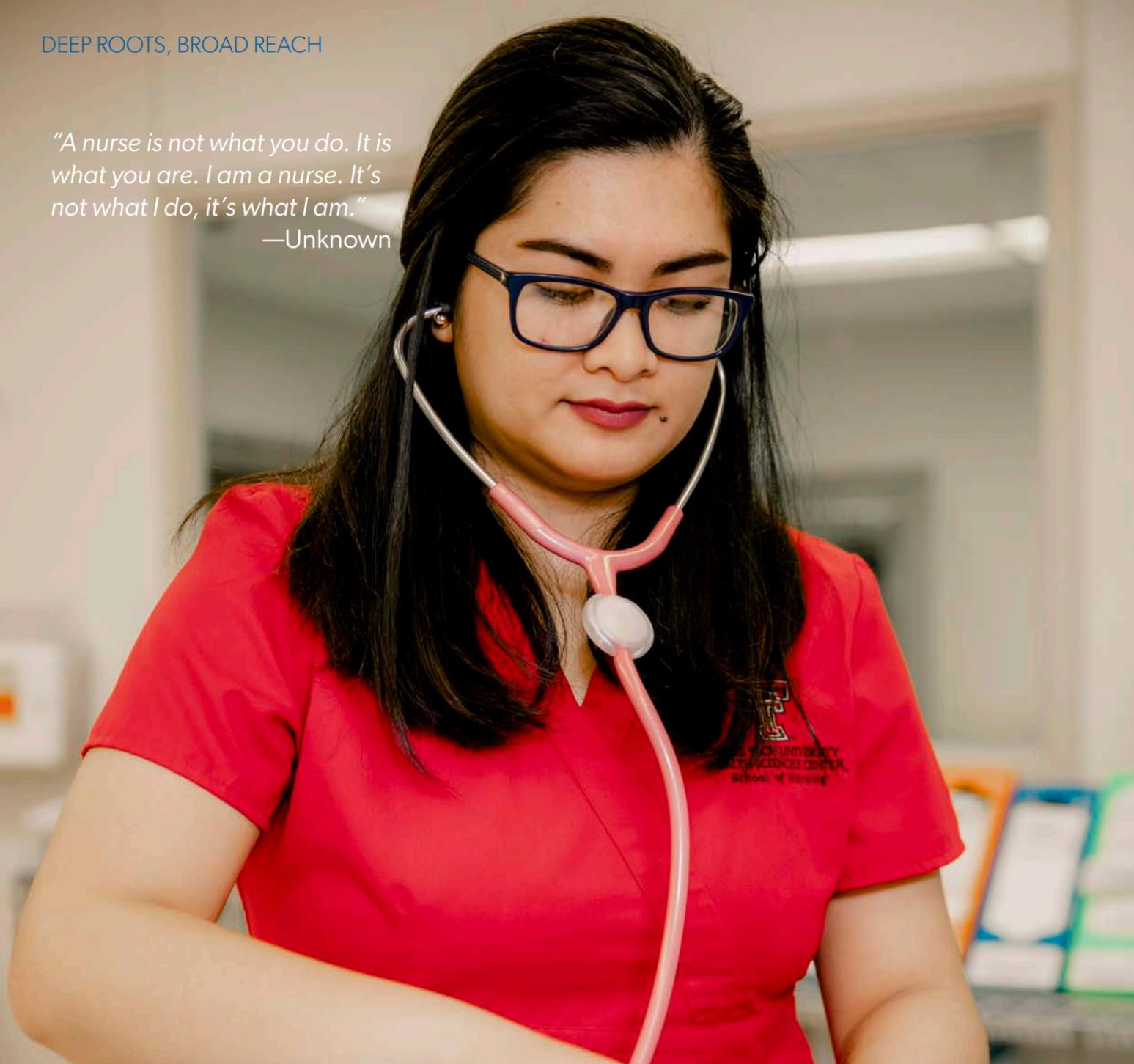
“As a native of Midlothian, I was so thrilled and so very grateful that Methodist chose to build such a sophisticated facility to benefit the people of my home community. My hope is that this significant financial gift could be used to improve care or equipment for emergency situations.”

— Melissa Pegram Dunn,  
donor to Methodist Midlothian



“A nurse is not what you do. It is what you are. I am a nurse. It’s not what I do, it’s what I am.”

—Unknown



“Increasing the number of nursing graduates will help to address the shortage of nurses and therefore improve the quality of healthcare in the region.”

— **Michael L. Evans, PhD, RN, NEA-BC, FACHE, FAAN,**

dean and Grover E. Murray Professor, University Medical Center  
Endowed Chair for Excellence in Nursing,  
Texas Tech University Health Sciences Center School of Nursing



## The Texas Tech University Nursing Program at Methodist Mansfield

*A collaborative response to a rising nursing shortage*

The past two years of the pandemic have stretched our hospitals and our providers further than ever before, and nurses have been at the forefront. Meanwhile, the nationwide nursing shortage is expected to get even worse. Recognizing that nursing education programs will be key in combating that challenge, Methodist Health System sought to engage in a collaborative effort with Texas Tech University Health Sciences Center School of Nursing and the City of Mansfield to offer a Bachelor of Science in Nursing (BSN) at Methodist Mansfield Medical Center.

“This program is an asset to the community as it will strengthen our healthcare programs and work to improve the overall health and wellness in the City of Mansfield.”

— **The Rev. Michael A. Evans Sr.,**  
mayor of Mansfield



This satellite campus offers a 6,000-square-foot education center that includes advanced simulation technology, a five-bed nursing unit, a nursing station, and a medication room. “By creating a learning environment which mirrors the experience and functionality of a real hospital unit, these students will get a significantly elevated level of technical training and skills acquisition,” says Jolyn Angus, MBA, BSN, RN, NEA-BC, CENP, senior vice president and chief nursing executive, Methodist.

This unique and innovative collaboration has drawn support from a variety of sources. From the Methodist employees who donated more than \$25,000 to name a patient room at the new education center, to the City of Mansfield allocating financial resources to support the program in its first two years, to the \$900,000 campaign being shepherded by the Foundation, the impact of these contributions is making a powerful statement in solving this problem. It is expected that 60 students will graduate from this BSN program each year.

“It is our hope that the nursing students participating in the program will embrace our Methodist culture as they complete their clinical experience and will want to stay in our communities to work upon their graduation,” says Nora Fraiser, DNP, RN, NEA-BC, FACHE, vice president nursing and chief nursing officer, Methodist Mansfield.



“This collaboration among academia, community, and the healthcare industry produced a much-needed program as well as a site to train nursing students. It also demonstrates Methodist’s continued dedication to meeting the needs of the communities we serve.”

— **Juan Fresquez Jr., MBA,**  
president, Methodist Mansfield

“The Faith Community Nursing program started from lunch and learn outreach lectures at our Methodist Charlton campus. At one point, we had over 10 pastors coming to the hospitals to listen to the lectures, which provided an abundance of health and wellness information.”

— Deborah Seider, MSN, RN-BC,  
Faith Community Nursing coordinator  
at Methodist



From left: Deborah Seider and Doris Giles,  
Faith Community Nursing coordinators

## Faith Community Nursing ministry

This specialized practice of professional nursing is centered on the promotion of health within the framework of faith-based living. To do this, the Faith Community Nursing program partners with pastoral leadership in churches to help them assess the health needs of their congregation. They then plan and execute programs that will help these congregational leaders bring Biblically based health and wellness to their church.

“We are the best kept secret at Methodist,” says Doris Giles, MS, RN-BC, Faith Community Nursing coordinator, Methodist Health System. “This ministry helps extend Methodist’s reach into the community through the relationships we develop with area churches.”

“Without the outreach efforts of this ministry, there would be a significant lack of information and support for many of the churches in under-resourced communities that wish to educate and guide their congregation toward healthier lifestyle choices,” says Giles. “Methodist has been working to support local churches in this way for more than 20 years, and the impact has been profound.”

## Community collaboration

For 100 years, the Golden Cross Ministry, a division of Methodist Health System Foundation, has been providing healthcare for those who could not afford it. Recently, this mission expanded further when the Methodist Dallas Medical Center Golden Cross Academic Clinic partnered with other faith-based entities to meet the ever-changing needs of our communities.

Patients come to the clinic to receive medical services and education, but the Golden Cross Division Board of Trustees challenged the status quo when they suggested the exploration of taking the Golden Cross mission outside the doors of the clinic and closer to those in need.

To do that effectively, a collaborative program was developed with community-minded outreach centers and churches like Wesley-Rankin Community Center, Owenwood Farm and Neighbor Space, Christ’s Foundry United Methodist Mission, and The Storehouse of Collin County.

The first outreach happened in 2021 when a nurse practitioner with the Golden Cross Academic Clinic worked with Wesley-Rankin to provide online health education. “Because of COVID-19 restrictions, a digital health class was established to focus on the most common medical conditions in the community, diabetes and hypertension,” says Sonni Fiegel, MBA-HCM, RN, LSSGB, director of patient care, Golden Cross Academic Clinic. More on-site education classes and clinical visits are being planned as the collaborative works to build a broader paragon of support.

Overview of the ongoing programs and services that directly benefit the community for which the Foundation raises funds.

Sexual Assault Nurse Examiner (SANE) Program:

262

cases in 2021

1200

cases since the program started in 2014

The Turing Point: Serving survivors of sexual violence through in-person crisis and advocacy services:

42

Number of counseling clients (34% increase over 2020)

578

Number of counseling sessions performed (120% increase from previous years)

Life Shines Bright Pregnancy Program:

153

Patients enrolled in virtual zoom pregnancy education classes

93.2%

of participants who are breastfeeding their babies



# METHODIST HEALTH SYSTEM BUILDING ON SUCCESS

## Make your impact on the **FUTURE.**

### Creating a legacy

A powerful way to invest in your community's health for generations to come is by naming Methodist Health System Foundation as a beneficiary in your will.

*Our website —*

***MHSF.PlanMyLegacy.org***

*— offers resources that make it simple to create your legacy through Methodist.*

For information about Methodist's Legacy Giving Program and our Weiss Legacy Society, which recognizes donors who include Methodist in their estate plans, we invite you to contact **Doug Anderson** at **214-947-4596** or **douganderson@mhd.com**.

He looks forward to visiting with you!

Just as roots grow deeper into the Earth to nourish expanding branches, Methodist Health System reaches deeper into the communities it serves to meet the needs of its growing patient population. Thanks to the generous support of donors, board members, and the surrounding communities, a number of new projects are currently underway or were recently completed on Methodist hospital campuses. Here is an update on successful capital campaigns Methodist Health System Foundation has supported at Methodist Charlton, Methodist Dallas, and Methodist Mansfield Medical Centers.



**LEGACY GIVING**

## The Progressive Care Unit for Transplant and Advanced Surgery at Methodist Dallas Medical Center



The transplant program at Methodist Dallas Medical Center has a history of success and innovation. Since it began 40 years ago, it has saved nearly 3,000 lives through organ transplants, groundbreaking treatments, and exceptional patient care. In November 2020, Methodist Dallas opened The Progressive Care Unit for Transplant and Advanced Surgery, a newly transformed area dedicated to patients in the transplant program, on the sixth floor of the Charles A. Sammons Tower. Methodist Health System committed \$19 million to the project, and Methodist Health System Foundation stepped forward to raise \$4 million.

The renovation enhances continuity of care by providing a centralized home for patients with complex needs before and after surgery. In the new space, patients receive top-ranked medical care for organ transplants; pre-transplant evaluations; and liver, kidney, and pancreatic surgeries. Patient rooms are larger, and new amenities have been added for families and staff, including consultation rooms, collaboration rooms for multidisciplinary teams, and a nurses' serenity room with coffee and aromatherapy. In addition to improving transplant care, the unit also played a key role during the peaks of the COVID-19 pandemic when it was used to provide additional intensive care space.

*In 2021, the new unit performed the highest number of living donor kidney transplants in over a decade — the most in the modern history of Methodist's transplant program.*

Organ	Donor Type	Total
Kidney	Living Donor	19
Kidney	Deceased Donor	115
Kidney Pancreas	Deceased Donor	5
Liver	Deceased Donor	56
Liver-Kidney	Deceased Donor	5
<b>TOTAL</b>		<b>181</b>

“In the face of some of the greatest challenges our neighbors have been facing, Methodist Dallas has acted courageously in putting us back together, a kind of restoration. When I was approached to advocate for the renovation of the new floor for the transplant program on behalf of the Advisory Board, I saw it as a way to raise awareness and support for the continued ministry of restoration for our hospital. In essence, our ministry in every patient room, and especially with the transplant program, points to resurrection, new life, a kind of being ‘put back together.’ I am inspired by the nurses, doctors, medical teams, and administrative staff daily to find ways to point to resurrection moments in my daily life.”

— The Rev. Andrew Stoker, PhD, senior minister at First United Methodist Church Dallas, chair of the Methodist Dallas Advisory Board



## Women's Imaging Center at Methodist Dallas Medical Center



**B**reast cancer is the second most common cancer in American women, as reported by the American Cancer Society. It is also one of the most curable cancers when detected early. Accredited as a Breast Imaging Center of Excellence by the American College of Radiology, the Women's Imaging Center at Methodist Dallas Medical Center represents a vital component of Methodist's mission to improve and save lives, especially in surrounding communities within southern Dallas. The center has increased access to screening mammograms, diagnostic imaging services, biopsies, and bone density tests for more than 9,000 women in 2020.

“ We are incredibly impressed with the accomplished and empathetic staff who oversee the center. With this planned renovation and the hospital's high tech equipment, we fully anticipate that the beautiful furniture and comfortable surroundings will match the extraordinary quality of care being delivered to patients. ”

— Linda and Mitch Hart,  
2021 Robert S. Folsom Leadership Award recipients



While the Women's Imaging Center provides excellent patient care, it has not been substantially renovated in over 30 years and was in need of upgraded equipment and facilities. Linda and Mitch Hart, the 2021 Robert S. Folsom Leadership Award recipients, chose to designate the proceeds from their event toward remodeling the center. An anonymous donor generously matched the funds raised up to \$1.2 million. The renovation will include the entrance and exterior hallway, reception and waiting areas, exam rooms, and imaging rooms.

In addition to aesthetic improvements, the center will also acquire a new bone density scanner and upgrade its Savi Scout® unit, a piece of equipment that marks the location of breast cancer masses prior to surgery. This renovation will benefit patients and community members by improving the care setting, ensuring access to advanced technology, and increasing capacity.

The graphs below illustrate the impact of the Women's Imaging Center at Methodist Dallas. Because many patients delayed medical care due to COVID-19, 2020 and 2021 numbers are lower than 2019.

### Women's Imaging Center Data Number of Procedures by Year

	2019	2020	2021
Mammograms	11,666	7,670	8,935
Total procedures	13,956	9,548	12,755
Incidences of cancer detected	93	69	80*

Data is from Jan. 1 – Dec. 31 2021  
\*Cancer detection data is still being collected

## Methodist Charlton Medical Center emergency department expansion

The emergency department (ED) is often considered the “front door” of a hospital, and Methodist Charlton Medical Center’s is among the busiest in Dallas County. Demand was far exceeding supply, so during the pandemic, the Methodist Health System Board of Directors approved the construction of a new three-story, trailblazing \$71 million ED at the hospital.

Methodist provides the only two hospitals with trauma centers south of downtown Dallas, and this expansion at Methodist Charlton will allow the health system to reach more patients through its ED — as well as position Methodist for future growth.

The project will nearly double the size of the current ED, increasing it from 45 to 70 patient rooms and adding more trauma rooms, larger waiting areas, expanded ambulance bays, and a new CT scanner and imaging equipment. Construction is underway with plans to open in November 2022.

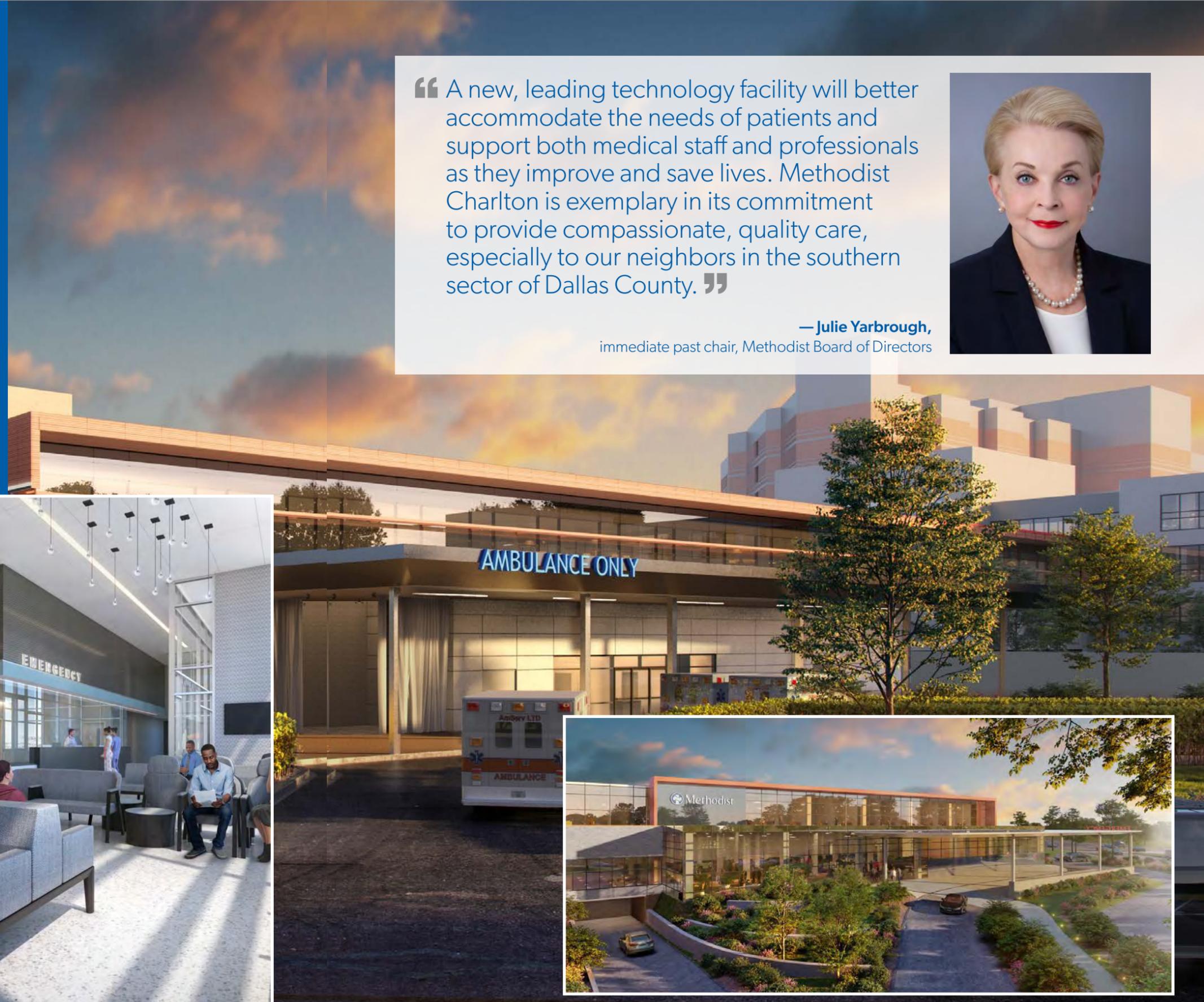
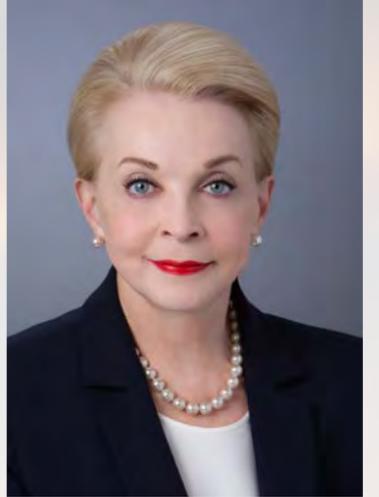
“The board considered many opportunities for the advancement of care across the hospitals that compose Methodist Health System. The board approved this project because it was specifically designed to improve the delivery of service in the emergency department at Methodist Charlton,” says Julie Yarbrough, immediate past chair of Methodist Health System Board of Directors.

Methodist Health System Foundation is currently raising funds for the naming rights of this remarkable new addition to Methodist Charlton.



“A new, leading technology facility will better accommodate the needs of patients and support both medical staff and professionals as they improve and save lives. Methodist Charlton is exemplary in its commitment to provide compassionate, quality care, especially to our neighbors in the southern sector of Dallas County.”

— Julie Yarbrough,  
immediate past chair, Methodist Board of Directors



## Dr. Stephen and Marilyn Mansfield Oncology Unit at Methodist Charlton Medical Center



Early cancer detection and treatment can save lives — but only if patients have access to cancer care services. In April 2021, Methodist Charlton Medical Center opened the Dr. Stephen and Marilyn Mansfield Oncology Unit to better care for patients in southern Dallas who are diagnosed with cancer. The unit is named after Stephen Mansfield, PhD, FACHE, former president and CEO of Methodist Health System, and his wife, Marilyn. The 12-bed unit serves the communities of Cedar Hill, DeSoto, Duncanville, Lancaster, and southern Dallas, all of which consistently experience high rates of cancer mortality. Creating a central location for cancer-related services allows these residents to seek high-quality care close to home. Featuring specialized physicians and nurses and advanced equipment, the new oncology unit will significantly elevate the level of care cancer patients receive at the hospital.

“ This unit makes it possible for people to receive extraordinary cancer care from first-class doctors in their neighborhood. It was an honor to contribute. ”

— Brenda Jackson, vice-chair, Methodist Board of Directors



Methodist Health System Foundation began fundraising efforts to establish the new unit with a lead gift secured through the 2018 Robert S. Folsom Leadership Award, as directed by recipient Senator Royce West. In 2019, the Methodist Health System Board of Directors led a fundraising effort to name the unit in honor of Dr. Stephen and Marilyn Mansfield, a meaningful tribute to Dr. Mansfield’s 13 years of dedicated leadership.

Since it opened in April 2021, the unit has welcomed more than 320 cancer patients. Those individuals, along with their families, enjoy serene aesthetics, specialized staff, and expert oncology nursing care. The new unit has also helped Methodist Charlton recruit oncologists, surgeons, and cancer-trained nurses, further elevating patient care.



Nurse workstation at the oncology unit



### Dr. Stephen and Marilyn Mansfield Oncology Unit

Patient capacity (annual) .....	<b>700</b>	Methodist Charlton patients who are living in poverty.....	<b>17%</b>
Number of patient visits to date ....	<b>320</b>	Medicaid patients .....	<b>20%</b>
Number of oncology nurses.....	<b>13</b>		

## The Breast Center at Methodist Mansfield Medical Center



One in eight women and one in every 100 men in the United States will be diagnosed with breast cancer in their lifetime, according to the National Breast Cancer Foundation. Fortunately, when cancer is diagnosed before it spreads outside the breast, the five-year survival rate is 99 percent. Methodist Health System Foundation is a strong supporter of women’s health, and its contributions were instrumental in opening the Breast Center at Methodist Mansfield in 2019. Since then, the center has expanded access and improved the quality of care in the community.

The Breast Center at Methodist Mansfield offers 3D mammography, which provides more accurate detection for women with dense breasts, and delivers precise results within 24 to 48 hours. It also employs dedicated nurse navigators with extensive knowledge about breast disease to provide patients with resources, assistance with insurance, and more. In addition to a full range of breast health services, the center provides pelvic health therapy and bone density screening. Patients appreciate the center’s specialized care; soothing, spa-like atmosphere, and convenient location.

Jennifer Schultz Hernandez, MD, medical director of maternal-fetal medicine for Methodist Mansfield, and Omar Hernandez, MD, family medicine physician, are proud supporters of the Breast Center. The couple recently made a contribution in honor of their mothers, Susan Schultz and Maria Elena Hernandez, who were both breast cancer survivors, and both names are now listed on the wall in the Breast Center.



“Being able to contribute to this campaign was so important because it will help other women identify breast cancer early and get treatment as soon as possible. We were excited to participate and make a contribution to help our local community.”

— Jennifer Hernandez, MD,  
medical director of maternal-fetal medicine for Methodist Mansfield



	FY 2020	FY 2021
Mammograms	6,041	6,745
Incidences of cancer detected	57	65



From left: Pamela Stoyanoff, MBA, CPA, FACHE, president and chief operating officer, Methodist Health System; Leslie Pierce, MHA, senior vice president for revenue cycle, Methodist; and Jon T. Albrecht, RPh, MHA, BCNSP, FASHP, vice president of pharmacy services, Methodist.

# COVID-19 VACCINE CLINICS

It's good to be first. It wasn't by accident that Methodist Health System was the first health system in North Texas to receive COVID-19 vaccines. It took months of planning and purchasing the right equipment so that when delivery day came, Methodist was ready. Within days, hundreds of independently practicing physicians on the medical staff, nurses, and employees were inoculated at the vaccine clinic at Methodist Dallas Medical Center, and then the doors opened to the public.

"Setting up and operating the vaccine clinic was a tremendous collaborative effort achieved under a great sense of urgency," says Pamela Stoyanoff, MBA, CPA, FACHE, president and chief operating officer, Methodist Health System. "The teamwork, flexibility, and dedication from every part of our health system was incredible and a testament to our care commitments of taking care of patients, each other, ourselves, and Methodist."

Pop-up Clinics

**3,000**  
vaccines given

Methodist Dallas  
Medical Center - Main Clinic

**100,021**  
vaccines given

With no blueprints to follow, an ever-changing set of federal guidelines, and an intense pressure to succeed in launching one of the first high-volume vaccine clinics, Methodist had never been tested quite like this. But one piece of the puzzle took care of itself early on — the people.

"As always, the talent and commitment of Methodist staff showed through. We were able to be nimble and react quickly to make changes as needed to deliver the vaccine to our patients," says Jon T. Albrecht, RPh, MHA, BCNSP, FASHP, vice president of pharmacy services, Methodist.

Echoing this sentiment is Leslie Pierce, MHA, senior vice president, revenue cycle, Methodist, who was in charge of clinic logistics. "In a spectacular display of commitment to Methodist's values, we had employees from every department volunteer to help with the clinic. The employee volunteers and their countless hours of service were key factors in the success of the clinic."

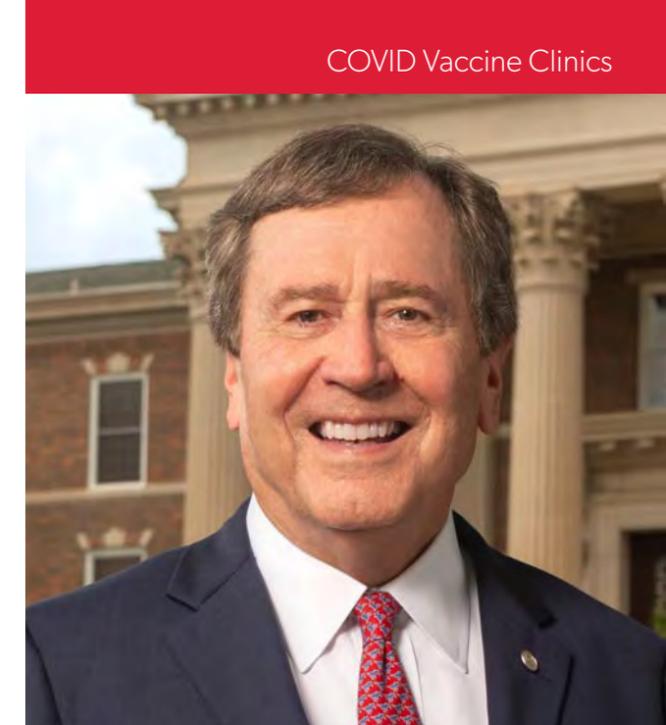
"From the beginning the mission of our pop-up clinics was to broaden the reach of the vaccine by getting out in the communities we serve."

— Fran Laukaitis,  
MHA, BSN, RN, FACHE,  
president, Methodist Charlton  
Medical Center



Several weeks after the clinic started vaccinating Methodist employees and physicians on the medical staff, the health system faced an important task — partnering with Dallas County and the City of Dallas to help vaccinate the public. Methodist was asked to mobilize quickly — and it did.

"It was important to us that people received the Methodist standard of care when getting their vaccination," says Stoyanoff. "That meant we had our clinic indoors, the vaccine administered by nurses, physicians in the post-vaccination waiting room, and a pharmacist on-site to answer questions. We set up our vaccine clinic so that people came away feeling as though they had received one-on-one, high-quality care, which demanded every ounce of effort from the team behind the clinic operations."



"Southern Methodist University and Methodist Health System have long shared a commitment to the people of North Texas. With the spread of the COVID-19 pandemic, Methodist quickly reached out to SMU and provided access to much-needed vaccinations for our students and faculty. Both these organizations occupy a special place in my life and heart, and it was rewarding to see this new phase of our work together."

— R. Gerald Turner, PhD,  
president of SMU and  
Methodist Health System Foundation  
Board of Trustee member

# METHODIST HEALTH SYSTEM EMPLOYEES GIVE BACK HEART OF SERVICE



Methodist Midlothian Medical Center employees (from left): Leslie Rivera, facility tech 3; Whitney Holloway, MS, OTR, manager physical medicine; Rosemary Pearce, registration representative

## Employee Giving Champion:

### Whitney Holloway, MS, OTR,

*coordinator of physical medicine, Methodist Midlothian Medical Center*

Yoga classes. Line dancing. The Healthy Heart Club. These are just a few efforts Whitney Holloway, MS, OTR, coordinator of physical medicine, Methodist Midlothian Medical Center, has supported, in addition to serving as her campus' Methodist Employee Giving champion. To create excitement and encourage participation in Employee Giving, Holloway created an informative video, distributed flyers and emails, and even hosted a free lunch for day-shift employees and dinner for night-shift employees.

"I care about Employee Giving because I feel it is vital to help others," Holloway says. "I am a people person, and I made it a goal to interact with everyone on campus. Because we are such a small group here, there is a lot of collaboration and a very positive atmosphere."

**M**ethodist Health System employees make the difference when it comes to patient care — and they also make a difference in the way they care for our community. Their generosity exemplifies the Methodist Care Commitments: **Take Care of Patients, Take Care of Each Other, Take Care of Ourselves, and Take Care of Methodist.** Here are a few ways employees gave their time and treasure to support their surrounding communities.

## Community outreach

### Methodist Charlton

- The hospital donated hundreds of hand sanitizers to local high school students.

### Methodist Dallas

- Employees organized five donation drives for food and feminine hygiene products, as well as a fundraising drive to purchase shoes for underserved children.

### Methodist Mansfield

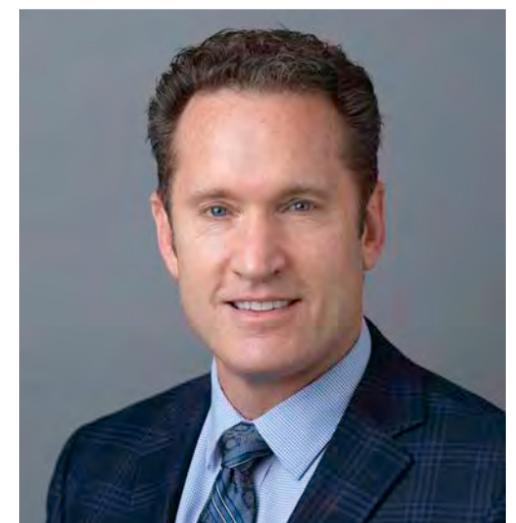
- Nurses volunteered at Mission Mansfield, a community clinic for the underserved.
- Clinical staff provided free sports physicals and echocardiograms to middle and high school athletes.



Methodist Dallas coordinated with a local nonprofit, Better Block, to install hand sanitizer stations in Oak Cliff. Laura Motta Mena, director of community and public relations, Methodist Dallas, proposed the initiative and maintained the units for 10 months.

“Methodist employees have givers’ hearts. The inclination to help those in need comes naturally to them. Whether they are serving in the hospital or in the community, taking care of people is at the core of their efforts.”

— **John Phillips, FACHE,**  
president, Methodist Dallas



# Light the Lamp Campaign

Benefiting the Texas Tech University Health Sciences Center Bachelor of Science in Nursing Program at Methodist Mansfield Medical Center

There's a reason nursing has been ranked as the No.1 most trusted profession for 19 years in a row. Nurses are at the heart of healthcare, and the COVID-19 pandemic has made us value the work they do even more. In 2021, Methodist Health System employees came together to honor nurses and help address the nursing shortage by contributing over **\$25,000** to Methodist Health System Foundation's Light the Lamp Campaign, which will help support the new Bachelor of Science in Nursing Program at Methodist Mansfield, created in collaboration with Texas Tech University Health Sciences Center School of Nursing, the City of Mansfield, and Methodist.



“Everyone will seek health services at least once during their lifetime. When we present with an illness or injury, the person on the frontline will likely be a nurse. We put our lives in their hands, so we want them to be knowledgeable, compassionate, and highly skilled. It was an easy decision to support this partnership, which will make a big difference to our community and our health system.”

— **Nora Frasier, DNP, RN, NEA-BC, FACHE,**  
vice president nursing and chief nursing officer, Methodist Mansfield



# Methodist Gives Employee Giving Program

Every year, Methodist Health System employees give back through our annual **Methodist Gives Employee Giving Program**. There are three ways employees can give:

1. **Join the 30 Minute Club**  
(Give 30 minutes of time from each paycheck)
2. **Make a one-time gift**
3. **Enroll in a payroll deduction**



Employees choose how their gift is used:

1. **Campus' greatest need**
2. **Basic Employee Needs (BEN) Fund**
3. **United Way of Metropolitan Dallas**

Many employees choose to help one another by assigning their gifts to the **BEN Fund**, which provides emergency financial assistance to Methodist employees in crisis. BEN Fund grants cover short-term, nonchronic needs, such as funeral costs, car repairs, or assistance with rent due to a spouse's job loss. Any eligible employee may apply, and applicants are reviewed every two weeks by an anonymous committee. The fund awards about **54** grants per year, with the average grant of **\$2,400**.

“Nobody plans for natural disasters or emergencies, but at Methodist, our employees know they can count on one another.”

— **Cheryl Flynn,**  
senior vice president  
and chief human resources officer,  
Methodist Health System



# Methodist by the numbers

These numbers help tell the story of Methodist Health System and the work of Methodist Health System Foundation. Financial numbers are derived from our fiscal year 2021, which ran from Oct. 1, 2020, through Sept. 30, 2021.

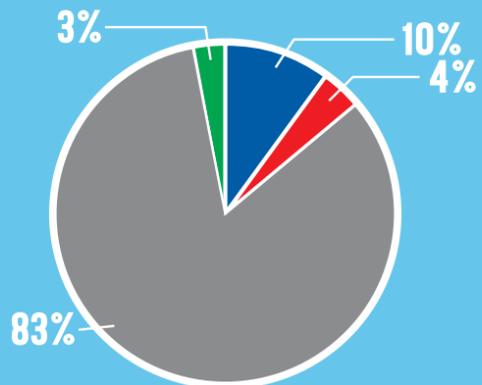
Methodist Health System Foundation total raised in FY 2021

**\$7,756,693**

Methodist Health System Foundation's total assets at the end of FY 2021

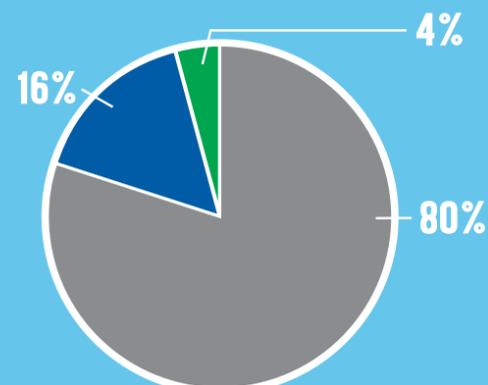
**\$149,890,316**

Disbursements to Methodist:



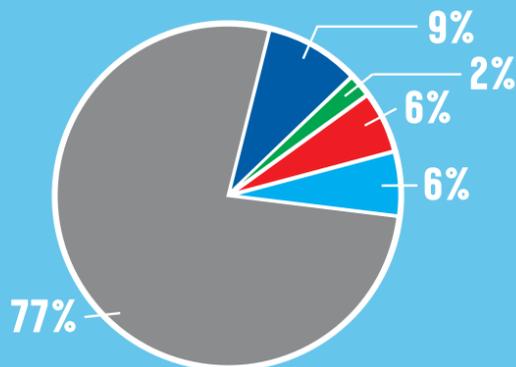
**\$17,154,193**

Contributions by donors:



**\$7,756,693**

Contributions by designation:



**\$7,755,693**

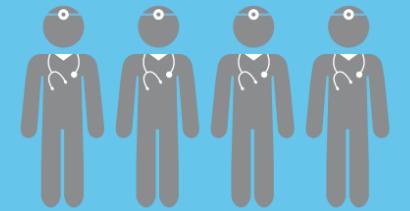
The number of people employed by Methodist Health System:

**8,996**



Number of physicians on the medical staff among *D Magazine* 2021 Best Doctors in Dallas:

**214**



Number of years Methodist Health System has been serving North Texas:

**94**



How much Methodist Health System provided in unreimbursed charity care in 2021:

**\$134M**



**\$350,994**

The retail value of free medications provided through the MedAssist program to patients in financial need.

In addition, through the Golden Cross Ministry, the Foundation distributed

**\$258,386**

to this program

# Our Donors

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*Methodist Health System Foundation receives many contributions from employees, many who voluntarily contribute a portion of their salaries to projects supporting the welfare, purpose, and mission of Methodist Health System, its employees, and its patients.*

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